



Lindal and Marton Primary School



Personal Development Beyond the Classroom 24-25

Autumn Term 2024

Activity	Year Groups	Description
Trips & Excursions		
Local Zoo	Y1, Y2	A visit to the zoo helps children develop empathy and understanding of animal conservation. It encourages an appreciation for biodiversity and environmental responsibility. Children can also learn about animal habitats, behaviour, and biology in a hands-on environment
Local Agricultural Fair	Y3, Y4, Y5, Y6	The agricultural fair allows children to connect with rural life and learn about farming practices, food production, and the role of agriculture in society. It also provides insights into animal husbandry and environmental sustainability, promoting respect for rural traditions and careers
Theatre Pantomime Trip	YN, YR, Y1, Y2, Y3, Y4, Y5, Y6	Watching a live pantomime helps children develop cultural awareness, creativity, and an appreciation for the performing arts. It encourages imagination, critical thinking, and helps children understand the importance of theatre and storytelling in various cultures.
Legoland Discovery Centre	YN, YR,	The Legoland Discovery Centre promotes creativity and problem-solving as children engage with interactive exhibits and building challenges. It enhances fine motor skills and spatial awareness while encouraging imaginative play and teamwork. Additionally, it introduces children to engineering principles and design.
Visitors to School		
United Utilities (Water Workshop)	Y3, Y4,	This visitor helps children understand the importance of water conservation and sustainability. They learn about the water cycle, the environment, and how to take care of this vital resource. The workshop fosters responsibility and encourages an appreciation for environmental issues.
Daisy First Aid (KS2 Training)	Y3, Y4, Y5, Y6	First aid training teaches children vital life skills, such as how to respond in emergencies, how to help others, and how to take responsibility for safety. It boosts confidence and gives children practical tools to make a difference in potentially life-saving situations.
Children's Author - Sean Perkins	YN, YR, Y1, Y2,	Children's Author and Illustrator, Sean Perkins Sean Perkins' visit fosters creativity and inspires a love for reading and storytelling. Children gain insights into the creative process behind writing and illustrating books, encouraging them to explore their own creativity and develop their writing and artistic skills.
Children's Author - Tom Palmer	Y5, Y6	Tom Palmer's visit introduces children to the world of fiction writing and storytelling. His books often explore historical themes, which can spark curiosity about history and personal identity. Children also learn how authors bring characters and stories to life, which enhances their literary skills.
Theme Days/Weeks		
Halloween	YN, YR, Y1, Y2, Y3, Y4, Y5, Y6	Halloween provides a fun and imaginative opportunity for children to explore creativity, role-playing, and storytelling. It allows them to express themselves through costumes and activities. Through Halloween-themed lessons, children can also explore the

cultural history and traditions behind the event, fostering understanding and inclusivity while having fun with themes like teamwork and problem-solving during games.

Remembrance Day	YN, YR, Y1, Y2, Y3, Y4, Y5, Y6	Remembrance Day provides children with an understanding of history, sacrifice, and peace. It helps them reflect on the importance of respect, remembrance, and gratitude for those who have fought for freedom. Children develop empathy for others, particularly those affected by war, and are encouraged to think critically about the concepts of conflict and peace.
Children in Need	YN, YR, Y1, Y2, Y3, Y4, Y5, Y6	Children in Need encourages empathy and social responsibility. By fundraising and learning about the challenges faced by children in need, students develop a sense of compassion, generosity, and understanding of how they can make a positive impact on the lives of others. It also helps to foster teamwork and problem-solving as children participate in fundraising activities.

Spring Term 2025

Activity		Description
Trips & Excursions		
Imagine That, Liverpool	YN, YR, Y1, Y2,	This interactive science and discovery center stimulates curiosity and critical thinking through hands-on activities related to science, technology, engineering, and math (STEM). Children enhance problem-solving skills, learn through experimentation, and gain a practical understanding of scientific principles.
Jodrell Bank	Y5, Y6	A visit to Jodrell Bank exposes children to space science, astronomy, and technological advancements in a real-world context. It inspires an interest in STEM subjects, fosters a sense of wonder about the universe, and encourages scientific inquiry and exploration.
Young Voices	Y3, Y4, Y5, Y6	Taking part in Young Voices helps children develop their musical skills, confidence, and teamwork. It provides a platform for children to express themselves through music, build confidence in performing, and learn the importance of collaboration and shared achievement.
Visiting Furness Academy/UVHS to take part in Science workshop	Y5, Y6	Visiting secondary schools to participate in practical science and STEM workshops provides pupils with hands-on learning experiences that enhance their critical thinking, problem-solving, and teamwork skills. These workshops expose students to advanced scientific concepts, laboratory techniques, and real-world applications of STEM subjects, fostering curiosity and a passion for learning. Additionally, engaging with secondary school environments helps to build confidence, independence, and aspiration, supporting a smooth transition to the next stage of their education.
Visiting BAE Systems to take part in STEM workshops	Y2, Y3, Y4, Y5, Y6	Visiting BAE Systems to participate in science and STEM workshops provides pupils with a unique opportunity to see how STEM subjects are applied in real-world industries. Through hands-on activities and interactions with professionals, pupils develop problem-solving skills, teamwork, and an understanding of engineering, technology, and innovation. This experience fosters aspiration by exposing students to potential careers in STEM fields, inspiring them to explore future opportunities in engineering, aerospace, and technology sectors.
Visit to travelling Theatre – Professor Pumpernickle’s Science Show	Y3, Y4	The interactive performance sparks curiosity and encourages a love for science, helping children develop critical thinking and problem-solving skills. Theatrical elements promote creativity and imagination, while hands-on demonstrations improve focus and active listening. Watching a live show in a group setting also enhances social skills, patience, and appreciation for performance arts. Overall, this experience combines education and entertainment, inspiring children to explore science while developing key cognitive and social skills.
Footprint Windermere – History Trip	Y3, Y4	A history trip to Footprint, Windermere, provides pupils with an immersive learning experience that deepens their understanding of history, heritage, and environmental sustainability. Through hands-on activities and storytelling, pupils explore historical events, local heritage, and the significance of conservation efforts. This visit fosters

curiosity, critical thinking, and an appreciation for how the past shapes the present, while also encouraging responsibility for preserving historical and natural environments.

Visitors to School		
Poet - Andy Tooze	YN, YR, Y1, Y2, Y3, Y4, Y5, Y6	Andy Tooze's poetry session enhances children's appreciation for language and self-expression. It sparks imagination and encourages them to explore different forms of writing, promoting literacy and creativity. Children are also inspired to express their own ideas and feelings through poetry.
PSCO Officers (Online Safety)	Y5, Y6	The online safety workshop helps children understand the importance of staying safe in the digital world. They learn how to protect themselves online, identify potential dangers, and develop responsible online behaviours, which are essential for their personal well-being in an increasingly digital society.
Paralympian Stuart Robinson	YN, YR, Y1, Y2, Y3, Y4, Y5, Y6	Paralympic Gold Medalist, Stuart Robinson's visit promotes resilience, perseverance, and a growth mind-set. His story as a Paralympic gold medalist encourages children to overcome challenges, set goals, and strive for success, regardless of obstacles. It teaches the value of determination and self-belief.
Finance Skills Workshop (UKS2)	Y5, Y6	The finance skills workshop helps children develop practical financial literacy skills, such as budgeting, saving, and understanding money management. It empowers children with the knowledge they need to make informed financial decisions, fostering responsibility and an understanding of the real world.
School Nurse - Puberty	Y5, Y6	A visit from the school nurse to deliver a puberty workshop supports pupils' personal development by providing them with essential knowledge about physical and emotional changes during adolescence. This session helps to promote body confidence, self-care, and well-being while fostering a supportive environment where pupils feel comfortable asking questions. By addressing key topics such as hygiene, emotional health, and relationships, the workshop encourages pupils to develop a positive and informed approach to growing up.
Theme Days/Weeks		
Valentine's Day	YN, YR, Y1, Y2, Y3, Y4, Y5, Y6	Valentine's Day offers children an opportunity to express feelings of love and friendship in healthy and positive ways. It encourages empathy, kindness, and appreciation for others. By making cards, gifts, or participating in activities, children learn the importance of showing gratitude and love for their friends, family, and peers, promoting emotional intelligence and communication.
Shrove Tuesday	YN, YR, Y1, Y2, Y3, Y4,	Shrove Tuesday allows children to learn about traditions, cultural practices, and history. It provides an opportunity to understand the origins of pancake day and the significance of Lent. Through cooking, children also practice skills such as measurement, following instructions, and teamwork, while enjoying a hands-on experience related to food and culture.
Chinese New Year	YN, YR,	Chinese New Year introduces children to cultural diversity and traditions. They learn about the customs, food, and history associated with this celebration. By exploring the Chinese zodiac, children also engage in discussions about different beliefs and cultural practices, fostering respect, curiosity, and an appreciation for global diversity. It also provides an opportunity for creativity through arts and crafts, music, and food
Children's Mental Health Week	YN, YR, Y1, Y2, Y3, Y4, Y5, Y6	This week provides an opportunity for children to focus on mental well-being and emotional health. Through discussions, activities, and awareness campaigns, children learn about the importance of looking after their mental health, building resilience, and developing coping strategies. It helps to break down stigmas around mental health, encouraging an open and supportive environment where children feel safe to express their feelings.
World Book Day	YN, YR, Y1, Y2, Y3, Y4, Y5, Y6	World Book Day fosters a love of reading and promotes literacy. It encourages creativity and imagination as children celebrate characters and stories. Children also gain an appreciation for different cultures, perspectives, and genres through the books they

explore. The event enhances their understanding of the power of storytelling, expanding their horizons and sparking interest in books.

'Let Girls Play' Football Festival	YN, YR, Y1, Y2, Y3, Y4, Y5, Y6	'Let Girls Play' Football Festival for Girls The 'Let Girls Play' football festival encourages gender equality and promotes the idea that sports and physical activities are for everyone, regardless of gender. It empowers girls to engage in football and other physical activities, boosting their confidence, teamwork, and resilience. The event helps challenge stereotypes, fosters inclusivity, and encourages all children to pursue their interests and passions, regardless of societal expectations.
Science Week	YN, YR, Y1, Y2, Y3, Y4, Y5, Y6	Celebrating British Science Week in schools inspires pupils to explore science in fun and engaging ways. Beyond the classroom, it fosters critical thinking, creativity, and problem-solving, helping pupils develop confidence, resilience, and a growth mind-set. This experience encourages a lifelong love of learning and builds valuable skills for the future.
Red Nose Day	YN, YR, Y1, Y2, Y3, Y4, Y5, Y6	Red Nose Day teaches the value of charity, community, and social awareness. Children engage in fundraising events, learning how their actions can help people in need. It provides an opportunity to discuss global and local social issues, promoting values such as kindness, equality, and generosity while encouraging creativity through fundraising ideas.
Easter Activities	YN, YR, Y1, Y2, Y3, Y4, Y5, Y6	Easter activities like egg hunts, egg rolling, egg decorating, and raffles contribute to personal development by fostering a range of skills. Egg hunts promote problem-solving, physical activity, and teamwork, while egg rolling enhances fine motor skills, perseverance, and resilience. Egg decorating encourages creativity, focus, and patience, allowing for self-expression. The Easter raffle teaches children about fairness, responsibility, and social interaction. Additionally, these activities provide an opportunity for children to learn about Christian traditions associated with Easter, helping them connect with cultural and religious practices while having fun. Together, these activities support cognitive, physical, and social growth, helping children develop important life skills in an enjoyable and meaningful way.

Summer Term 2025

Activity		Description
Trips & Excursions		
Brockhole Tree Top Nets	YN, YR, Y1, Y2	This trip offers children a chance to engage in physical activity, building confidence and resilience as they navigate obstacles. It enhances teamwork, coordination, and problem-solving skills, while also encouraging an appreciation for outdoor activities and nature.
City Residential (London, York, Edinburgh)	Y3, Y4, Y5, Y6	These residential trips broaden children's horizons by exposing them to different cities, cultures, and historical landmarks. They promote independence, social skills, and responsibility, while enriching children's knowledge of history, geography, and cultural diversity.
Lake District Adventure Residential	Y3, Y4, Y5, Y6	Lake District Adventure Residential Trips Adventure residential trips foster resilience, teamwork, and leadership as children engage in outdoor activities such as hiking, kayaking, or rock climbing. They develop problem-solving skills, build self-confidence, and gain a deeper understanding of the environment and geography.
Local Buddhist Temple	YN, YR,	This trip promotes religious and cultural awareness, providing insight into Buddhist teachings, practices, and mindfulness. It encourages respect for diversity and fosters open-mindedness and spiritual understanding, promoting empathy and tolerance in children.

Bowness	Y1, Y2	Visiting Bowness offers opportunities to explore nature, history, and local culture. Children can learn about the Lake District's natural beauty, wildlife, and geographical features. It also fosters a sense of place and environmental responsibility, encouraging children to appreciate and protect their surroundings.
Junior Citizen Workshop	Y6	A Junior Citizen Workshop enhances personal development by teaching children essential life skills such as safety, responsibility, and decision-making. Through activities that promote teamwork, communication, and problem-solving, children build confidence and independence. The workshop encourages critical thinking by addressing real-life situations like road safety and emergency response, while fostering empathy and respect for others. By learning practical life skills, such as understanding rights and responsibilities, children develop into more responsible, thoughtful, and independent individuals. Overall, the workshop supports well-rounded growth, helping children become active and engaged citizens.
Local Beach Visit	N/R	A visit to the local seaside allows children to explore geographical features first-hand, developing curiosity and understanding of their local environment. It enhances observation, vocabulary, and enquiry skills as they learn about coastal habitats and physical geography. The experience also promotes teamwork, independence, and appreciation for nature, supporting their personal, social, and emotional development through shared exploration and play.
Whole School Sponsored Walk – The Hoad	YN, YR, Y1, Y2, Y3, Y4, Y5, Y6	The whole-school sponsored walk encourages resilience, perseverance, and community spirit as pupils challenge themselves physically while working together for a charitable cause. It strengthens pupils' understanding of empathy, generosity, and social responsibility, showing how their efforts can make a positive difference to others. Climbing The Hoad also promotes appreciation of local heritage and physical well-being.
Year 4 Art Workshop – Victoria Academy	Y4	Spending the day painting local landmarks with artist Hannah Willets nurtures creativity and artistic expression. Pupils develop fine motor skills, focus, and perseverance while learning about composition, colour, and technique. The workshop also enhances cultural awareness and pride in the local area, fostering a sense of belonging and appreciation for the arts.
Youth Climate Summit 2025	Selection	Attending the Youth Climate Summit empowers pupils to become responsible global citizens. Through interactive workshops, children learn about sustainability, climate change, and environmental action. Presenting their learning in a whole-school assembly helps to build confidence, leadership, and communication skills, while fostering a sense of responsibility, teamwork, and pride in influencing positive change within their community.
Visitors to School		
Local Farmer (Lamb Visit)	YN, YR, Y1, Y2	The farmer's visit exposes children to rural life, agriculture, and animal care. It provides an opportunity for children to learn about where their food comes from, animal husbandry, and the responsibilities involved in farming. It also fosters empathy towards animals and an appreciation for local farming practices.
HP Activities – Summer Sports Fun Day	YN, YR, Y1, Y2, Y3, Y4, Y5, Y6	A Summer Sports Fun Day delivered by HP Activities can help develop personal skills by promoting teamwork, communication, and cooperation through team-based and individual sports. Children learn resilience and perseverance as they face challenges and setbacks, while developing leadership skills and a sense of responsibility. The activities boost confidence and self-esteem as children achieve personal goals and master new skills. Additionally, the event encourages social interaction, helping children build friendships and improve their ability to work with others. Overall, the day offers a fun way to develop physical, social, and emotional skills that contribute to personal growth.
Fire Safety Visit	N/R	A visit from local firefighters helps children understand the importance of safety and community roles. Through hands-on experiences such as trying on protective clothing, using the hose, and exploring the fire engine, children develop awareness of emergency

services and how they help others. This experience builds respect, responsibility, and self-confidence while fostering curiosity about the world of work and public service.

YN – Y2
 KS1 Pet Encounter The pet encounter allows children to engage directly with animals such as meerkats, parrots, chameleons, and snakes, fostering curiosity, empathy, and respect for living things. It helps children understand animal habitats, behaviours, and care needs, encouraging responsibility and environmental awareness. This hands-on experience also builds confidence and enriches their understanding of the natural world.

Themed Days/Weeks	
Whole School Takeover – HP Activities	YN, YR, Y1, Y2, Y3, Y4, Y5, Y6 A day of health and fitness led by specialist sports coaches promotes physical well-being, teamwork, and a positive attitude toward exercise. Children learn about the importance of maintaining a healthy lifestyle through fun, inclusive activities that build confidence, cooperation, and self-discipline. The event also encourages resilience and a growth mind-set as pupils try new challenges in a supportive environment.
Superhero Themed Day	N/R The superhero day encourages imagination, creativity, and self-expression while promoting positive values such as bravery, kindness, and helping others. Through themed activities and role play, children explore their own strengths and learn about real-life heroes in the community. The day supports emotional development, confidence, and cooperation as pupils work together and celebrate individuality.
Summer Fun Day	YN, YR, Y1, Y2, Y3, Y4, Y5, Y6 The Summer Fun Day provides a joyful and inclusive opportunity for pupils to engage in active play while developing teamwork, coordination, and resilience. Activities such as inflatables and obstacle courses promote physical fitness in a fun, non-competitive environment. The event reinforces positive attitudes towards exercise, well-being, and community spirit, ensuring children associate physical activity with enjoyment and confidence.

Democracy	The Rule of Law
<p>Junior Citizen Workshop – Teaches children about rights, responsibilities, and decision-making.</p> <p>School Council Activities – Encourages pupils to voice their opinions and participate in democratic processes.</p> <p>Red Nose Day & Children in Need – Involves fundraising and social responsibility, helping children understand how collective action can make a difference.</p> <p>-Youth Climate Summit 2025 – Encourages pupil voice and active citizenship as children choose their workshops based on interests and then share their learning through an assembly, influencing whole-school awareness of climate action and sustainability.</p> <p>Whole School Sponsored Walk – The Hoad – Involves the entire school in a collective charitable effort, promoting teamwork, cooperation, and understanding of how individual actions contribute to community goals.</p>	<p>PSCO Officers (Online Safety) – Teaches children about digital responsibility and the importance of online laws. Promotes awareness of online rules and digital responsibility.</p> <p>Junior Citizen Workshop – Covers safety, emergency response, and understanding the role of law enforcement. Reinforces understanding of rights, responsibilities, and decision-making in everyday life.</p> <p>First Aid Training (Daisy First Aid) – Encourages responsibility and awareness of health and safety laws.</p> <p>- Fire Safety Visit – Teaches children about the responsibilities of emergency services and the importance of following rules that keep themselves and others safe.</p> <p>- First Aid Training (Daisy First Aid) – Encourages responsibility and understanding of health and safety laws.</p>

Individual Liberty	Mutual Respect and Tolerance of Different Faiths and Beliefs
<p>Paralympian Stuart Robinson Visit – Inspires resilience and self-belief, promoting personal ambition and overcoming challenges.</p> <p>Let Girls Play Football Festival – Encourages gender equality and the freedom to pursue interests regardless of societal norms.</p> <p>Easter Activities – Allows children to express creativity and individuality while learning about Christian traditions.</p> <p>World Book Day – Encourages self-expression through literature and creative storytelling.</p> <p>-Whole School Takeover – HP Activities – Encourages pupils to challenge themselves, make choices about physical activities, and recognise their personal achievements, promoting confidence and independence.</p> <p>KS2 Residential Trip to Low Bank Ground – Builds independence, resilience, and self-awareness as pupils step beyond their comfort zones.</p> <p>Superhero Themed Day – Promotes creativity and individuality, allowing children to express themselves and explore positive personal values.</p>	<p>Remembrance Day – Teaches respect for those who have fought for freedom and promotes reflection on historical conflicts.</p> <p>Visit to a Local Buddhist Temple – Promotes religious tolerance and an understanding of different cultural beliefs and continues to build cultural awareness.</p> <p>Shrove Tuesday & Easter Activities – Helps children understand Christian traditions and their significance.</p> <p>Chinese New Year Celebrations – Encourages appreciation of different cultures through traditions, food, and celebrations.</p> <p>Halloween & Theatre Pantomime Trip – Promotes respect for cultural traditions and storytelling across different backgrounds.</p> <p>KS1 Pet Encounter – Promotes empathy, care, and respect for living things, reinforcing compassion and understanding.</p>